



REPORT : 1st PONSETI TRAINING BOTSWANA 13 & 14 JUNE 2014

Venue:

CDC training centre Gaborone, Princess Marina Hospital Gaborone

Botswana Ministry of Health:

Dr K S Malefho, Permanent Secretary for Health, Dr H B Jibril, Acting Director for Public Health

South African Ponseti Faculty trainers:

Dr Jacques du Toit, Professor Anthony Robertson, Dr Gregory Firth

Botswana Faculty:

Dr Yash Gureja, Dr Kamal Jit Singh, Dr Sunil Bhat

Programme:

Attached

Total Delegates:

24 (23 from Botswana, 1 from Namibia)

Delegate qualifications:

Doctor/Medical officer/Specialist (6), Physiotherapist (8), Nurse (4), Orthotist (5), Plaster assistant (1)

Hospitals/Regions:

Princess Marina Hospital (Gaborone)

Mahalapye General Hospital (Mahalapye)

Nyangabgwe Referral Hospital (Francistown)

Bamalete Lutheran Hospital (Ramatswe)

Scottish Livingston Hospital (Molepolole)

Kweneng Clinic (Molepolole)

Deborah Retief Memorial Hospital (Mochudi)

Letsholathebe II Memorial Hospital (Maun)

Tsabong Primary Hospital

Selibe Phikwe General Hospital

Ghanzi Primary Hospital

Dr Ernest Kombo, Windhoek Hospital (Namibia)

Event organisers:

STEPS Southern Africa (South Africa & Botswana) – Karen Moss, Tshepang Chilume, Oratile Moremong, Gaby Rademeyer, Sasha Seymore

Day 1 Summary

Venue: CDC Botswana training / conference facility

Karen Moss (STEPS) opened the workshop, and the US Ambassador to Botswana, Michelle Gavin made a welcome speech. Dr Haruna Jibril represented the Ministry of Health, Dr Yash Gureja introduced the Ponseti faculty from South Africa.

Theory sessions - Clubfoot anatomy, diagnosis and treatment. Introduction and discussion of the Ponseti method. Assessing and classifying clubfoot, Bracing protocol.

Venue: Princess Marina Orthotics and Prosthetics Department

Practical casting demonstration and training session

Day 2 Summary

Venue: Princess Marina Orthotics and Prosthetics Department

Live assessment of patients. Five patients were seen, two older cases with possible relapse, (one post surgery followed by Ponseti casting, one non-compliant Ponseti, later referral), one neglected case (1 year old), two new cases for casting. Four patients had tenotomies performed in the clinic.

Venue: Conference Room, Dental Building, Princess Marina Hospital

Final theory session - Tenotomy, Detecting and managing relapse, Setting up clubfoot services

Final Discussion of National programme rollout plans -

Clinic model: 1 nurse, 1 physiotherapist, 1 plaster assistant, 1 doctor.

Princess Marina Hospital will begin the Ponseti clubfoot clinic within two weeks (July 2013).

After 3 months it will be implemented in Mahalapye (October 2013) and three months after that in Francistown (January 2014).

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Section 21 Co Reg. No.: 2005/024391/08



By January 2014 (6 months after Ponseti workshop) the three referral hospitals will have functioning Ponseti clubfoot clinics.

The referral hospitals will select and manage periphery clinics.

Trained periphery clinics can do casting, but tenotomy and complex cases will be sent to the district hospitals for assessment.

Braces will be kept at referral hospitals and issued after tenotomy/final cast assessment.

STEPS, with support from their partner Miraclefeet, will provide braces for one year.

The only functioning orthotics workshop in Botswana is at Princess Marina. They do not have enough manpower for making braces.

After a year of brace supply, the MoH will look at ordering braces readymade (either Steenbeek or equivalent).

Feedback forms / training assessment:

Delegates gave the training a high rating and said it would change the way they treated clubfoot. The majority said they wanted to be involved in clubfoot treatment at their clinic.

The training workshop was closed and delegates received their certificates of completion.

Sponsorship and donations thanks to:

BSN
CDC
City Lodge Hotels
MD Orthopaedics
miraclefeet
US Consulate of Botswana

Report prepared by Karen Moss, 19 June 2013, Cape Town. Contact: karen@steps.org.za

A handwritten signature in black ink that reads "Karen Moss". The signature is written in a cursive, flowing style.

Karen Moss, Executive Director STEPS Charity
14 November 2007
South Africa