



REPORT : 1st PONSETI TRAINING NAMIBIA 12 & 13 NOVEMBER 2014

The main objective of the training is to eliminate clubfoot as a life-long disabling condition.

This inaugural training is the 1st one held in Namibia, and delegates from all regions were invited to attend.

The aim is to establish a national sustainable clubfoot treatment programme in Namibia through training health officials, and supporting families of patients.

The training was certified by the Health Professional Councils of Namibia (HPCNA) with 12 CPD (Continuous Professional Development) points.

Venue:

Windhoek Central Hospital, Namibia

Namibia Ministry of Health:

Mrs M Mushimba, Ms Menierva Lagria

Windhoek Central Hospital:

Dr K H Nakamgoube, Dr F Zam, Dr A Oberholzer, Dr Jacques Jonck (faculty), Dr Ernest Kombo (faculty), Ms de Moura

Ponseti Faculty trainers:

Dr Isidor Ngayomela (Tanzania), Dr Jacques du Toit (South Africa), Dr Stewart Dix-Peek (South Africa)

Total Delegates:

28

Delegate qualifications:

Doctor/Medical officer/Specialist (4), Physiotherapist (3), Nurse (7), Orthotist (5), Occupational Therapist (7), Plaster assistant (1), Coordinator (1)

Hospitals/Regions:

Windhoek Central Hospital (Khomas)

Katatura Hospital (Khomas)

Intermediate Hospital of Oshakati (Oshana)

Rundu State Hospital (Kavango)

Tsumeb State Hospital (Oshikoto)

Mariental State Hospital (Hardap)

Event organisers:

STEPS SA, STEPS Namibia Clubfoot Programme, Windhoek Central Hospital

Day 1 Summary

Venue: Windhoek Hospital conference room

Welcoming comments by Dr K H Makamgoube, Chief Medical Officer, Windhoek Central Hospital

Key Remarks by Mrs M Mushimba, Head of Division: Disability Prevention & Rehabilitation, Ministry of Health & Social Services of the Republic of Namibia

Introduction of visiting faculty and history of STEPS Namibia Clubfoot programme, Dr Jacques Jonck, Orthopaedic Surgeon & Karen Moss STEPS Executive Director

Dr Ernest Kombo was Master of Ceremonies and gave the Vote of Thanks

Theory sessions - Clubfoot anatomy, diagnosis and treatment. Introduction and discussion of the Ponseti method. Casting technique. Assessing and classifying clubfoot, Bracing protocol (see attached programme)

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Section 21 Co Reg. No.: 2005/024391/08



Venue: Windhoek Central Hospital Clubfoot Clinic

Practical casting demonstration and training session using models. Delegates divided into 5 groups with faculty members overseeing the casting practice.

Day 2 Summary

Venue: Windhoek Central Hospital Clubfoot Clinic

Live assessment of patients, Session 1: The clubfoot clinic patients were assessed by faculty and discussed with the delegates in small groups. Delegates cast patients under supervision. Some cases were follow-ups, and two patients were fitted with braces post Anterior Tibialis Tendon transfer. One patient had tenotomy performed in the clinic.

Live assessment of patients, Session 2: Assessment of complex clubfoot, older children recurrence.

Venue: Windhoek Hospital conference room

Final theory session - Tenotomy, Detecting and managing recurrence, Setting up clubfoot services

Discussion of National programme rollout plans -

General discussion of plans and the involvement of the Ministry of Health and Social Services. Ms Maria Menierva Lagria explained the MoHSS involvement and delegates from various regions discussed how to implement the programme in their hospitals to achieve national coverage. It was agreed that SNCP and the MoHSS would finalise the Memorandum of Understanding and work as a public private partnership to achieve the goals of a Namibian national programme. The programme would be driven from and overseen by Windhoek. It was agreed that there is a need for clubfoot clinics in Oshakati and Rundu Hospitals.

Orthotists from Windhoek, Oshakati and Rundu would be trained in brace manufacture, STEPS to facilitate, the MoHSS to cover travel and sustenance.

After a year of brace supply, the MoH will look at ordering braces readymade (either Steenbeek or equivalent).

Feedback and training assessment:

Delegates gave the training a high rating and said it would change the way they treated clubfoot. The majority said they wanted to be involved in clubfoot treatment at their clinic.

The training workshop was closed and delegates received their certificates of completion.

Sponsorship and donations thanks to:

Miraclefeet
Windhoek Central Hospital
MD Orthopaedics
BSN

Report prepared by Karen Moss, 26 November 2013, Cape Town. Contact: karen@steps.org.za

A handwritten signature in black ink that reads "Karen Moss".

Karen Moss, Executive Director STEPS Charity
14 November 2007
South Africa



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